

QOLLI - F v3[®]
Quality of life during serious illness - Family caregiver version 3

Instructions

This questionnaire contains statements that are each followed by two opposite answers. Numbers extend from one extreme answer to its opposite.

Please circle the number between 0 and 10 which is most true for you.

There are no right or wrong answers.

Completely honest answers will be most helpful.

EXAMPLE:

I am hungry:

not at all	0	1	2	3	4	5	6	7	8	9	10	extremely
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- If you are not even a little bit hungry, you would circle 0.
- If you are a little hungry (you just finished a meal but still have room for dessert), you might circle a 1, 2, or 3.
- If you are feeling moderately hungry (because mealtime is approaching), you might circle a 4, 5, or 6.
- If you are very hungry (because you haven't eaten all day), you might circle a 7, 8, or 9.
- If you are extremely hungry, you would circle 10.

START

Please answer for how you have been feeling ***JUST IN THE PAST TWO (2) DAYS.***

PART A Overall Quality of Life

A. Considering all parts of my life (for example, physical, emotional, social, spiritual, and financial) over the past two days (48 hours) the quality of my life was:

very bad	0	1	2	3	4	5	6	7	8	9	10	excellent
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PART B Environment

1. Over the past two days (48 hours) I was satisfied with the place the family member/friend I'm caring for was staying (home, hospital, other):

not at all	0	1	2	3	4	5	6	7	8	9	10	completely
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2. Over the past two days (48 hours) I had the privacy I wanted:

not at all	0	1	2	3	4	5	6	7	8	9	10	completely
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PART C Patient Condition

3. Over the past two days (48 hours) the condition of the family member/friend I'm caring for was distressing to me:

not often	0	1	2	3	4	5	6	7	8	9	10	always
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PART D Your Own Condition

4. Over the past two days (48 hours) the amount of control I had over my life was:

not a problem	0	1	2	3	4	5	6	7	8	9	10	a huge problem
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5. Over the past two days (48 hours) I had time to take care of myself:

never	0	1	2	3	4	5	6	7	8	9	10	always
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6. Over the past two days (48 hours) I was able to think clearly:

not often	0	1	2	3	4	5	6	7	8	9	10	always
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7. Over the past two days (48 hours) physically I felt:

extremely poor	0	1	2	3	4	5	6	7	8	9	10	extremely good
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8. Over the past two days (48 hours) emotionally I felt:

extremely poor	0	1	2	3	4	5	6	7	8	9	10	extremely good
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PART E Your Outlook

9. Over the past two days (48 hours) being able to provide care or company for the family member/friend I'm caring for made me feel good:

rarely or never	0	1	2	3	4	5	6	7	8	9	10	always
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10. Over the past two days (48 hours) I was comforted by my outlook on life, faith, or spirituality:

not at all	0	1	2	3	4	5	6	7	8	9	10	completely
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11. Presently I feel that my life has meaning:

very little meaning	0	1	2	3	4	5	6	7	8	9	10	very much meaning
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PART F Quality of Care

For questions in this section (12 and 13), if you did not make important decisions or need health care in the past two (2) days, please answer for the last few times that you did.

12. Over the past two days (48 hours) I agreed with the way decisions were made for the family member/friend I'm caring for:

not at all	0	1	2	3	4	5	6	7	8	9	10	completely
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13. Over the past two days (48 hours) the quality of health care we received was:

not satisfactory	0	1	2	3	4	5	6	7	8	9	10	extremely good
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PART G Relationships

14. Over the past two days (48 hours) I felt my interaction with the family member/friend I'm caring for was:

very comfortable	0	1	2	3	4	5	6	7	8	9	10	stressful
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15. Over the past two days (48 hours), overall, I felt my interaction with the other people most important to me was:

very comfortable	0	1	2	3	4	5	6	7	8	9	10	stressful
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PART H Financial Worries

16. Over the past two days (48 hours) my financial situation has been stressful:

not at all	0	1	2	3	4	5	6	7	8	9	10	completely
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Thank you very much.